

HEALTH COACHING, MINOR

The health coaching minor is available to students who are interested in expanding their knowledge of coaching individuals through health behavior change and is ideal for students majoring in psychology, sociology, social work, and EXPER.

Specific Program Requirements

Course	Title	Credits
EPER 222	Behavior Facilitation	3.0
HS 322	Health Coaching Concepts	3.00
HS 330	Epidemiology and Disease Prevention	3.00
PSYC 362	Abnormal Psychology	3.0
PSYC 405	Positive Psychology	3.0
HS 422	Applied Health Coaching	3.00
PSYC 471	Clinical Psychology	3.0
Total Credits		21