

COACHING, MINOR

The coaching minor is available to students from all majors and is a great choice for students aspiring to coach individual and team sports.

Click on the curriculum tab to see the courses required for the minor.

Specific Program Requirements

Course	Title	Credits
BIOL 112	Nutrition	3
PSYC 205	Introduction to Sport Psychology	3.0
AT 260	Injury/Illness Care and Prevention	3
EPER 301	Fitness Technology & Applications	1.0
EPER 310L	Adv Methods Strength & Conditioning	2.0
EPER 432	Applied Sport & Exercise Psychology	3.0
EPER 470	Methods of Coaching	3.0
EPER	Must be Methods of Coaching course(s) AND/OR EPER 494	2
Total Credits		20