## PSYCHOLOGY DEPARTMENT

Psychology is a field of inquiry which is called the science of behavior and answers questions about how and why organisms behave as they do. The field of psychology is enormous with many sub fields. Some areas pertain to animals, while others are focused on the behavior of humans. Still other areas focus on, abnormal behavior or complex social and emotional behavior while the cognitive area focuses on how people perceive, learn, remember, and think.

Psychology is a discipline based on theoretical perspectives and information gained through research. Therefore, the psychology major is based on understanding theory as well as learning the methods of inquiry, evaluation, and drawing appropriate conclusions. These skills are useful for problem solving in many applied settings.

# Career/Employment for Psychology Majors

Psychology is a diverse field with hundreds of career paths. Some specialties, like caring for mentally ill people, are familiar to most of us. Others, like studying how we know and remember things, are less well known.

Across the nation, psychology is the second most popular undergraduate major, even though many of those who choose psychology as a major may not be interested in psychology as a career. About 10 percent of psychology majors pursue graduate training and at CSU Pueblo there is excellent preparation available for students wishing to apply to graduate programs in psychology.

For those students who do not wish to become professional psychologists, many jobs are available. Psychology is a valuable major for a Liberal Arts degree. Jobs are found in various sectors of society and psychology graduates are most often employed as interviewers, counselors, mental health workers, human service practitioners, personnel analysts, probation officers, and writers. Employers find that psychology graduates possess strong people skills and psychology majors also value these skills themselves.

Psychology majors cite courses in the principles of human behavior as especially important to life after college. Additional insight gained from these courses into what motivates people to perform at their peak helps them, whether they are functioning as parents at home, coaching athletics, or managers on the job.

Training in the scientific method - the requirement to do thorough, objective research, analyze data logically, and put forth the findings with clarity - stands psychology majors in good stead as they pursue future careers.

# **Academic Programs**

## **Undergraduate Programs**

- Psychology, Bachelor of Arts (https://catalog.csupueblo.edu/collegeof-humanities-arts-and-social-sciences/psychology/psychology-ba/)
- Psychology, Bachelor of Science (https://catalog.csupueblo.edu/ college-of-humanities-arts-and-social-sciences/psychology/ psychology-bs/)

#### **Minors**

- Creative Wellness, Minor (https://catalog.csupueblo.edu/college-of-humanities-arts-and-social-sciences/psychology/creative-wellness-minor/)
- Psychology, Minor (https://catalog.csupueblo.edu/college-ofhumanities-arts-and-social-sciences/psychology/psychology-minor/)

### Certificates

 Nutritional Psychology, Certificate (https://catalog.csupueblo.edu/ college-of-humanities-arts-and-social-sciences/psychology/ nutritional-psychology-certificate/)