

RECREATION, MINOR

The recreation (REC) minor is available to all non-EXPER Recreation majors. The minor is ideal for those majoring in health sciences, social work, sociology, and biology as well as for students aspiring to teach in public/private schools.

Specific Program Requirements

Available to Non-REC Majors Only

Course	Title	Credits
EPER 162 & 162L	Personal Health and Personal Health Lab	4
EPER 240	Recreation Program Design	3
Complete four credits from the following:		4
EPER 102	Mountain Orientation	2
EPER 103	Winter Orientation	2
EPER 104	Desert Orientation	2
EPER 105	Canyon Orientation	2
EPER 112L	Rock Climbing	1
EPER 113L	Whitewater Boating	1
EPER 114L	Basic Mountaineering Techniques	1
EPER 116L	Camping	1
EPER 117L	Backpacking	1
EPER 118L	Fly Fishing	1
EPER 120L	Introduction to Search and Rescue	1
EPER 249	Challenge Course Leadership	2
Electives	Must be EPER course. Must be 300 level or higher.	9
Total Credits		20