## 1

## RECREATION LEADERSHIP, CERTIFICATE

The School of Health Sciences & Human Movement offers a certificate in recreation leadership that will prepare students to assist recreation professionals, to lead programs and excursions in the outdoors, and will act as a precursor to the BS degree in EXPER with a concentration in recreation.

## **Specific Program Requirements**

| Course                                  | Title                             | Credits |
|---|-----------------------------------|---------|
| EPER 162                                | Personal Health                   | 4       |
| & 162L                                  | and Personal Health Lab           |         |
| EPER 240                                | Recreation Program Design         | 3       |
| EPER 270                                | Outdoor Leadership I              | 2       |
| EPER 322                                | Wilderness First Aid              | 2       |
| Select five credits from the following: |                                   | 5       |
| EPER 102                                | Mountain Orientation              | 2       |
| EPER 103                                | Winter Orientation                | 2       |
| EPER 104                                | Desert Orientation                | 2       |
| EPER 105                                | Canyon Orientation                | 2       |
| EPER 112L                               | Rock Climbing                     | 1       |
| EPER 113L                               | Whitewater Boating                | 1       |
| EPER 114L                               | Basic Mountaineering Techniques   | 1       |
| EPER 116L                               | Camping                           | 1       |
| EPER 117L                               | Backpacking                       | 1       |
| EPER 118L                               | Fly Fishing                       | 1       |
| EPER 120L                               | Introduction to Search and Rescue | 1       |
| EPER 249                                | Challenge Course Leadership       | 2       |
| EPER 494                                | Field Experience                  | 1       |
| Total Credits                           |                                   | 16      |